

Grateful! Praise the Lord!

We need a “good word”. Anxiety in a man's heart weighs it down, but a good word makes it glad.
Proverbs 12:25

When it comes to life's circumstances, how do you respond? With gratitude, grit, or grouch?

There is a secret to happiness, and it is gratitude!

Did you know that being grateful is a LEARNED Trait?

◆ **Heavenly host are engaged in Thanksgiving**

Heaven is a happy place! There is a river whose streams make glad the city of God, the holy dwelling places of the Most High. Psalm 46:4

And the twenty-four elders, who sit on their thrones before God, **fell on their faces and worshiped God**, saying, "**We give You thanks, O Lord God, the Almighty** Rev 11:16-17

◆ **Ministers appointed to offer thanks in public**

He appointed some of the Levites as ministers before the ark of the LORD, even **to celebrate and to thank and praise the LORD God of Israel:** 1 Chronicles 16:4

7 Then on that day David first assigned Asaph and his relatives **to give thanks to the LORD.** 8 **Oh give thanks to the LORD, call upon His name; Make known His deeds** among the peoples. 9 **Sing to Him**, sing praises to Him; **Speak of all His wonders.** 10 **Glory in His holy name; Let the heart of those who seek the LORD be glad.** 11 **Seek the LORD and His strength; Seek His face** continually. 12 **Remember His wonderful deeds** which He has done, **His marvels and the judgments from His mouth,** 1 Ch 16:7-12

◆ **Come into His presence with Thanksgiving**

Let us come before His presence with thanksgiving, Let us shout joyfully to Him with psalms. Psalm 95:2

Enter His gates with thanksgiving and His courts with praise. **Give thanks to Him, bless His name.** Psalm 100:4

Sing praise to the LORD, you His godly ones, and **give thanks to His holy name.** Psalm 30:4

◆ **A Thanksgiving song!**

It is good to give thanks to the LORD and to sing praises to Your name, O Most High; **To declare Your lovingkindness in the morning** and **Your faithfulness** by night **For You, O LORD, have made me glad** by what You have done, **I will sing for joy** at the works of Your hands. Psalm 92:1-4

◆ The Saints of God are to give thanks

We are to be “**overflowing with gratitude**” – Col 2:7

Be glad in the LORD, you righteous ones, and give thanks to His holy name. Psalm 97:12

This is the day which the LORD has made; Let us rejoice and be glad in it. Psalm 118:24

I was glad when they said to me, “**Let us go to the house of the LORD.**” Psalm 122:1

Let the peace of Christ rule in your hearts, to which indeed you were called in one body; **and be thankful.** Col 3:15

Thanks for deliverance from sin: Rom 7:24-25

Thanks for the faith of others: Rom 1:8

Thanks to God for leading us: But **thanks be to God, who always leads us in triumph in Christ;** 2 Cor 2:14

Thanks for God’s nearness: We give thanks to You, O God, **we give thanks, For Your name is near** Psalm 75:1

Thanks for those who accept God’s Word: 1 Thes 2:13

Thanks for victory over death: **thanks be to God, who gives us the victory through our Lord Jesus Christ.** 1 Cor 15:57

Thank You Jesus for strength: I thank Christ Jesus our Lord, **who has strengthened me** 1 Tim 1:12

◆ We are to pray with Thanksgiving

Rejoice in the Lord always; again I will say, rejoice! **Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.** And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. Phil 4:4-7

- **There is no substitute for prayer.** You might can substitute for a missing limb. You might have to text if you cannot email. There’s no substitute for prayer – not enthusiasm, not intellect, not energy, not ingenuity.

◆ You don’t pray to impress God. You pray to acknowledge God and grateful for His care

Trust in the Lord with all your heart, lean not on your own understanding. In all you ways **acknowledge God, and He will direct your steps.** Prov 3:5-6

- When you acknowledge God **you acknowledge His greatness,** His power, His knowledge. **You turn your anxiety into thanksgiving;** your worry into gratitude.

◆ Praise is your time of fellowship with God. It is being “filled with His Spirit”. It is your time to say, “Thank you Lord!!!”

18 And do not get drunk with wine, for that is dissipation, but **be filled with the Spirit**, 19 **speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord**; 20 **always giving thanks for all things in the name of our Lord Jesus Christ to God**, even the Father; Ephesians 5:18-20

I will give You thanks in the great congregation; I will praise You among a mighty throng. Psalm 35:18